



上海交通大学
SHANGHAI JIAO TONG UNIVERSITY



巴黎卓越工程师学院
Ecole d'Ingénieurs Paris SJTU

Survival Guide



SPEIT

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Introduction

Welcome to SPEIT! 🌍🇨🇳🇫🇷

We are thrilled to welcome you into the SPEIT family and to be a Speiter!



At SPEIT, you will discover a welcoming and inclusive environment. Our community thrives on cultural exchange and academic excellence, with students and faculty from all corners of the world working together, learning from one another, and forming lasting friendships. Whether you need guidance, a study partner, or simply someone to share a meal with, you will always find support within our community.

To help you start your journey on the right foot, we've prepared this comprehensive starter guide, packed with essential tips and resources. You'll find practical advice for daily life, information on visas, accommodation, healthcare, administrative procedures, key contacts, and more. We've also added some local recommendations to help you make the most of your time in Shanghai—whether you're exploring the campus or the city.



If you ever have questions, don't hesitate to reach out. We're here to help!
Welcome aboard, and we wish you an unforgettable and enriching journey at SPEIT!

Visa

All international students studying at Shanghai Jiao Tong University are required to have a valid student visa and must comply with Chinese laws and related visa policies during their period of study.



It is compulsory that you hold an X1 or X2 visa to enter China. As a student, if you enter China without a study visa or without a visa, you will not be able to enroll in the university. International students in China must register with a study visa (including an X visa and the study Residence Permit), otherwise they would not be able to go through the enrollment procedures.



Holders of an X1-Visa must apply for a residence permit from the immigration department of the local public security authority in the place intended to stay within 30 days of entry to China. Please read more details here: Study@SJTU

Insurance



According to the relevant regulations by the Ministry of Education of the People's Republic of China and the Management Regulations for International Students of SJTU, **international students studying in Chinese mainland are required to purchase the Comprehensive Medical Insurance in Chinese mainland.**

Please purchase comprehensive group insurance for international students on time. Degree students need to purchase one-year insurance and renew it before registering each year to ensure that the insurance covers their study abroad period. Exchange students can purchase insurance for one year or half a year based on the exchange period.



留学保险

全国性保险经纪

Recommended website for insurance: www.lxbx.net

Note:

1. This insurance does not cover claims for medical expenses outside Chinese mainland.
2. If there is a gap between the two insurance periods, any illness or accident that occurs during the previous policy term or in the gap of a policy term will not be covered and the illness will take as anamnesis, even if the illness is treated in the new coverage period.

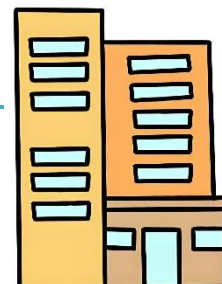
Contact:

For further detailed insurance information, you can go to www.lxbx.net customer service hotline: 400-810-5119 (24-hour, bilingual).

Accommodation

On Campus Accommodation

Due to the limited number of dormitories, on-campus accommodation is not guaranteed. Detailed booking instructions are provided in the SJTU International Students Guide, which will be sent along with your admission materials. The guide includes important information such as booking dates, procedures, and other relevant instructions. Full payment of the accommodation fee is required at the time of booking. The reservation would only be valid after the payment.



□ Minhang Campus: Nanyang Bei Yuan International Student Apartment

Nanyang Bei Yuan (南洋北苑) is located at No. 360, Zhangjiali Road, Minhang District, Shanghai. Two types of rooms are available: a single room with an independent toilet and a single room with a shared toilet. All rooms are equipped with air conditioning, free Wi-Fi, and basic furniture. The size of the bed is 120cm*200cm, and bedding needs to be prepared by yourself.



Reference price

Campus	Location	Type	Accommodation Fee for a Semester (18 weeks)	Short-term Accommodation Fee
Minhang	Nanyang Bei Yuan	Single room (with a shared bathroom)	10080 yuan	125 yuan/day
		Single room (with a private bathroom)	12600 yuan	155 yuan/day

Off Campus Accommodation



In case of failure to reserve an on-campus room, or if you plan to live off-campus, the average rent for one-room lodging in the campus neighborhood is 3,000 RMB per month for the Minhang Campus. Many people use real estate agencies to find housing in China. Before making a decision, it's important to carefully review the contract and thoroughly inspect the apartment you're planning to rent.

Payments Required When Renting a Property

Rent	Paid monthly, in advance for the upcoming month.
Security Deposit	Returned at the end of the lease. Typically equal to one month's rent.
Management Fees	Monthly fees for property maintenance.
Agent Commission	A fee paid to the real estate agency, usually equal to one month's rent.

Different types of housing

Shikumen Houses	Typical Shanghai houses built at the end of the 19th century.
Traditional Houses	Built in the early 20th century, they generally have no more than six floors.
Apartments	Newly built, located in high-rise buildings, often with 20 floors or more.
Serviced Apartments	Fully furnished accommodations with housekeeping services.

Useful Applications

Shanghai is also a smart city, featuring innovative apps and digital payment systems that make daily life more convenient and efficient.



Social Media



Wechat



Douyin



Weibo



Xiaohongshu

Payments



Wechat Pay



Alipay

Food



Dazhongdianping



Meituan

Meal Delivery Service



Meituan Waimai



Ele.me

Shopping



Taobao



Pinduoduo



JD

Transportation



Gaode Map



Didi



Hellobike



Baidu Map



Daduhui

Payment Setup and Cash

Most restaurants, supermarkets, shopping malls, hotels, public transportation, and hospitals in China accept digital payments. You can make payments by linking your foreign bank card to Alipay, WeChat Pay.

Note:

Though phone payment is more common now in mainland China, cash is a valid payment method in the majority of stores. Chinese yuan can usually be withdrawn from most ATMs in China using a foreign bank card.

Alipay



The application Alipay allows you to set up the payment with your foreign (Visa/Mastercard/JCB etc) issued bank cards, charging a 3% service fee for payments above 200 RMB. Tutorial for setting up your Alipay and add your foreign cards: https://www.youtube.com/watch?v=3xEM6Hkn_EY

WeChat Pay



Once you have your WeChat account, you can also pay (but not send money to another person by WeChat) with foreign cards. (Though Alipay is more friendly than WeChat when it comes to payment for foreigners) Tutorial for setting up your WeChat Pay and adding your foreign cards: https://www.youtube.com/watch?app=desktop&v=fc3RFiMI_jo

Open a new bank account in China

To open a bank account in China, the required documents and conditions may vary depending on the bank's specific policies. **However, a valid passport and a Chinese mobile phone number are mandatory.**



Bank of China



Industrial and
Commercial
Bank of China



China Merchants
Bank



China Construction
Bank

Tips:

There is a Bank of China branch on campus, located next to the 4th canteen, where you can open an account and activate your bank card. You can manage your account using the bank's mobile app. Once you have your bank card, you can link it to WeChat Pay and Alipay, which will allow you to make payments and transfers easily throughout China using these two apps.

SIM Card & Internet

Upon arriving at the airports in Shanghai, you'll find services offering temporary SIM cards for international visitors. For example, at Pudong Airport Terminals 1 and 2, you can purchase SIM cards that include data and call services valid for 15 or 30 days.

There are three major telecommunications providers in China:



China Mobile



China Telecom



China Unicom

If you choose to live in **Nanyang Bei Yuan**, staff will be available on-site to help you register for a SIM card step by step. If you live off campus, there are nearby retail stores for the major mobile providers. To purchase a SIM card, you'll need to present your passport.

Note:

If your mobile phone is lost:

- Call your mobile service provider to report the loss.
- Block online banking and digital payment accounts such as Alipay and WeChat Pay.
- Change the passwords for your social media accounts.

Transportation

Airport



Hongqiao International Airport



Located about 13 kilometers west of downtown Shanghai, this airport mainly serves domestic flights and a limited number of international flights.

Pudong International Airport



Located about 30 kilometers east of downtown Shanghai, this airport connects the city with major international destinations.

There are also shuttle services operating between the two airports. Both airports are easily accessible by metro or bus.

Railway
Station



China has the largest railway network in the world. Intercity trains connect Shanghai to other parts of the country. Shanghai has four major train stations: **Shanghai Hongqiao Station**, **Shanghai Station**, **Shanghai South Station**, and **Shanghai West Station**.



Metro



Shanghai has the longest metro network in the world, with 20 lines—including the Maglev—and a total of 508 stations. Tickets can be purchased from vending machines at every station, which offer both Chinese and English interfaces.

Shanghai Jiaotong Card

Commonly known as the Shanghai Jiaotong Card, this card can be used across various types of public transportation, including the metro, buses, and taxis. You can also buy single-ride tickets at vending machines, or purchase and recharge transportation cards at service centers inside metro stations.

For example, if you want to take the metro from Shanghai South Railway Station to the Minhang campus:

- Take the Airport Link Line to Jinghong Road Station.
- Transfer to Metro Line 15 and get off at Zizhu High Tech Park.
- From there, take a taxi or walk to Minhang campus.



Bus



In Shanghai, buses run on set schedules, including night buses that operate from 11 PM until early morning. When paying for bus tickets with cash, it's best to have the exact fare, as drivers do not provide change. You can also use a transportation card or mobile payment methods to pay for your bus fare. The fare is generally 2 yuan per person (about 28 cents USD).

Ferry



The Huangpu River divides Shanghai into Pudong (east) and Puxi (west). You can cross the river by ferry, which allows bicycles and motorcycles on board. Ferry fares can be paid in cash, with a transportation card, or via mobile payment.



Bike



Shared Bike

You can choose from several bike-sharing companies by downloading their apps. The two main options are Meituan (yellow bikes) and Hellobike by Alibaba (blue bikes). To use these services, you'll need an electronic payment account, such as Alipay or WeChat Pay.

Electric Scooters



Scooters are a convenient way to get around the city. However, your scooter must have a 3C certification (China Compulsory Certification), and it must be registered with a license plate.



Ride-hailing services



If you have the Alipay app installed on your phone, you can use it to book a ride with Didi, which is similar to Uber. Pickup locations are organized by different floors (for example, “Orange Floor” or “Giraffe Floor”), so be sure to confirm your exact pickup point before making a reservation. If you are traveling from the airport to the SJTU Minhang campus, simply enter the campus as your destination when booking your ride. You can also choose your accommodation if that’s your destination instead.

Taxi



There are taxi waiting points at the airport or the train station, the cost varies with distance and duration. You can pay with Alipay, WeChat pay and cash.



Hospitals

Shanghai has both public and private healthcare facilities. Many of them offer medical services in multiple languages, including English.



Public Hospitals



VIP or International Departments in Some Shanghai Hospitals

[VIP or international division of some Shanghai hospitals - City News Service](#)

International Hospitals



Major Medical Facilities in Shanghai Funded by Foreign Investment or Joint Ventures

[Major foreign-funded or joint venture medical institutions in Shanghai - City News Service](#)

Procedures at Chinese Hospitals:

1. Register at the reception.
2. Pay for the medical service.
3. Wait for your turn.
4. See the doctor for treatment or a prescription.

[How to see a doctor in a local Chinese hospital - City News Service](#)



Support Hotline

Emergency numbers in China allow you to reach different emergency services free of charge. Below are three important emergency numbers you should know.



119 (Fire Department)

Call this number to report emergencies such as fires, disasters, urgent rescue needs, and other critical situations. English-speaking assistance is available.



120 (Emergency Medical Services)

This number provides pre-hospital care, including first aid on-site, emergency treatment during transport, and focused medical services. The service is available 24/7 and offers English support. Calls are free of charge.



110 (Police)

The 110 number is for reporting incidents that require immediate police intervention. The service operates 24/7. You can also use this number to contact the nearest police station to report lost items, traffic accidents, or to get information related to these situations.

In Shanghai, the 110 police hotline is available in eight languages: English, Japanese, Russian, German, French, Spanish, Arabic, and Korean.



Holidays



The four most important traditional festivals in China are: Chinese New Year (Spring Festival), Qingming Festival (Tomb-Sweeping Day), Duanwu Festival (Dragon Boat Festival), and Zhongqiu Festival (Mid-Autumn Festival or Moon Festival).



Hanging red lanterns and giving children money in red envelopes are traditional customs for Chinese New Year.



Qingtuan, a green glutinous rice ball, is usually enjoyed during the Qingming Festival.



Dragon boat races are a traditional activity during the Dragon Boat Festival.



Mooncakes are a traditional treat for the Mid-Autumn Festival.

New Year's Day	January 1st
Chinese New Year	The first day of the first month in the Chinese lunar calendar
Qingming Festival (Tomb-Sweeping Day)	Usually April 5th
Labor Day	May 1st
Dragon Boat Festival	The fifth day of the fifth month in the Chinese lunar calendar
Mid-Autumn Festival (Moon Festival)	
	The fifteenth day of the eighth month in the Chinese lunar calendar
National Day	October 1st

Daily Life in SJTU

Jaccount



For SJTU students, the My SJTU (交我办) app is used to handle various school-related tasks such as paying at the canteen, checking shuttle bus schedules, reserving gym time, accessing lost and found, navigating the campus map, borrowing books from the library, printing report cards, and other administrative services that usually require a visit to the Administration Building B.

This account functions like your campus ID and is linked to your SJTU email, so please keep your login information secure and confidential.



In the My SJTU app, you'll also find a **QR code** for campus access. This code can be linked to WeChat Pay, allowing you to conveniently pay for your meals at the canteen using your phone.

1

Scan the QR code below to get the V-card



2

Fill in the identity information and activate the card.




3


Turn on auto-deduction service.

You can also link your account to the SJTU V Card mini app on WeChat, which lets you scan the code and make payments easily.


If you prefer a more traditional method, you can use your student card and top it up using Alipay.




1 Type 支付宝校园卡



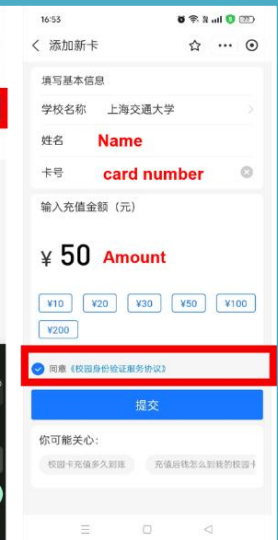
2 Choose the mini program



3 search school name



4



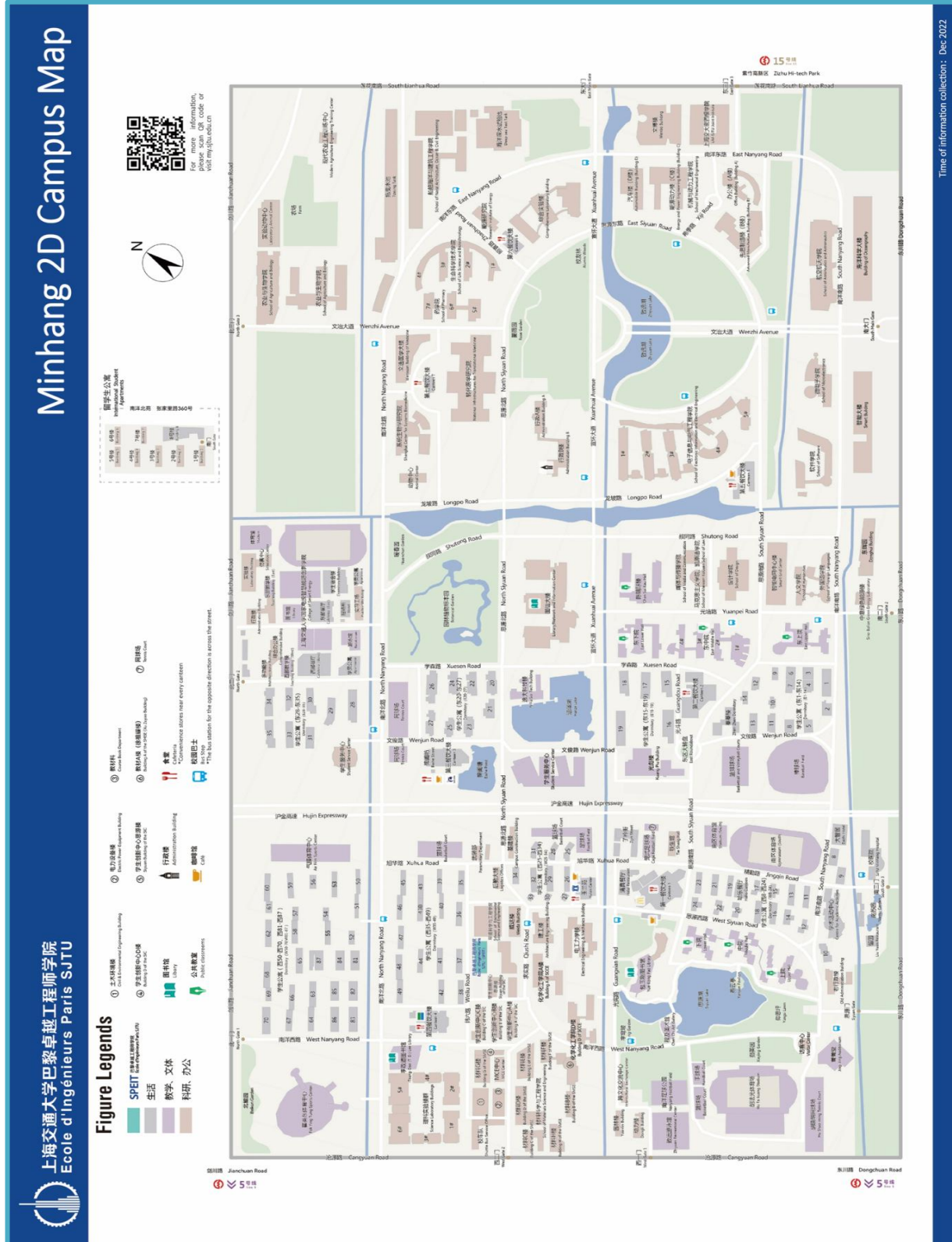
5 top up your card

Course Arrangements

There will be several rounds of course selection open to students, and our academic affairs office of SPEIT will notify you by mail.

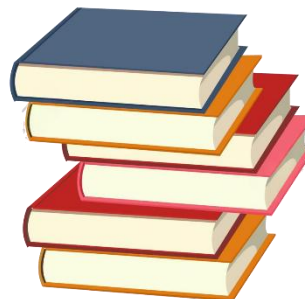
Classroom Locations

Most lecture courses are held in the Upper, Middle, or Lower Halls, or the East Upper, Middle, or Lower Halls on campus. Some courses take place in the SPEIT building.



Study Areas

Besides the cafes on campus, there are several study areas equipped with power outlets. Minhang campus has three libraries, and there is one library located on the Xuhui campus downtown.



School district	Branch	Opening hours
Minhang	Main library	Monday to Sunday 8:00-22:30
	Pao Yue-kong library (except for the 4th floor)	Monday to Sunday (Open 24 hours)
	Pao Yue-kong library, 4th floor 包玉刚图书馆联楼	Monday to Sunday (Open 24 hours)
	Tsung Dao (T.D.) LEE Library - Reading area	Monday to Sunday 8:00-22:30
	Tsung Dao (T.D.) LEE Library - Exhibition area	Tuesday to Sunday 9:00-17:00
Xuhui	New Upper Hall (The Arts & Humanities Branch)	Monday to Sunday 8:00-22:30

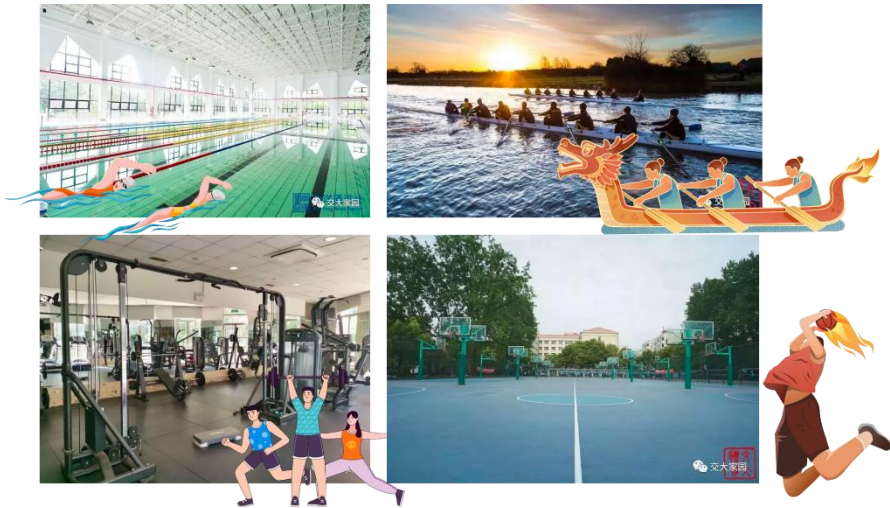
Classrooms in the Upper, Middle, and Lower Halls, as well as the East Upper, Middle, and Lower Halls, are also available for studying when classes are not in session. Some specific rooms in the East Middle Hall are open 24 hours a day.

Sports Facilities



There are two swimming pools on campus: one at Zhiyuan Gym (15 yuan for 1.5 hours for students) and another at the Smart Energy School (30 yuan for 1.5 hours).

There are three gyms on campus, as well as piano rooms, tennis courts, volleyball courts, and more. You can reserve these facilities using the MySJTU app. Booking slots for the same day next week open every day at 12 PM.



Log in My SJTU App
Sports> Sports Venue Booking> Gym Room

123

1

123

2

123

3

123

4

12:00-21:00
5rmb/hour

5

Canteens

On campus, there are seven canteens, each with multiple floors offering a variety of cuisines. Halal food is available at some of them.



Bus

✓ Boarding Point: Jing Jing Hall ✓ Free, No appointment necessary

✓ 07:55-20:00

✓ Only on Weekdays

Campus Bus

※Vehicle Status in Real Time is found on My SJTU - Life Service - Smart Traffic



Shuttle Bus



- Reservation Opening Time: Reservations for the next two days will be opened at 21:30 every day
- Reservation Deadline: 15 minutes before departure
- Cancellation Time: 30 minutes before departure
- Reminder: Please wait at least 5 minutes before departure time

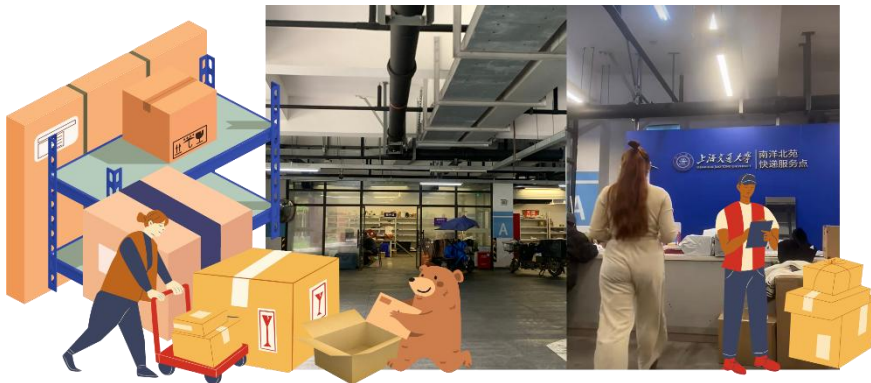
Note:

Three missed appointments in one cycle (three semesters) will disable the reservation function for one month. Therefore, if you cannot ride the bus, please cancel in time.

Facilities at Nanyang Bei Yuan International Student Residence

Nanyang Bei Yuan is connected to Campus North Gate 3 by a bridge, allowing you to easily cross over and access the campus.

Deliveries



There is a Cainiao parcel station at Nanyang Bei Yuan where most packages will be delivered for you to pick up. However, some couriers like Shunfeng may deliver parcels directly to your building.

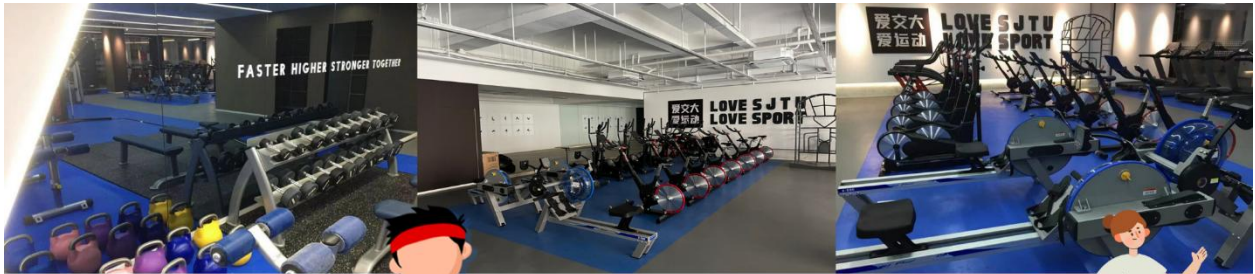
Canteen



This is the canteen at Nanyang Bei Yuan.



Gym Room



This is the gym room at Nanyang Beiyuan.



You can reserve these facilities using the MySJTU app.



Laundry Room

There are washing and drying machines available, with prices listed next to each machine. You can choose between low and high temperature settings.



Contact US

SPEIT OFFICES (SPEIT Building)

Office of International Affairs Room 320

Office of Student Affairs Room 202

Undergraduate Academic Affairs Room 207

Undergraduate Academic Affairs Room 208

Administrative Affairs Office Room 210

SJTU INTERNATIONAL STUDENT CENTER (Donghui Building)

Undergraduate Admission Room 206

Email: isc.d@sjtu.edu.cn, Telephone:+862154743244

Inbound Exchange students Room 206

Email: isc.exchange@sjtu.edu.cn, Telephone:+862134203803

Student Affairs Office Room 206

Email: isc.o@sjtu.edu.cn, Telephone:+862134203847

Service Center for Exit-Entry Administration Room 106

Email: visa_is@sjtu.edu.cn, Telephone:+862134207946

SJTU GRADUATE SCHOOL&INTERNATINOAL AFFAIRS OFFICE (Chen Rui Qiu Building)

Admission & Scholarship Room 331

Email: gs.admission@sjtu.edu.cn, Telephone:+862134208238

Conclusion

Welcome to the SJTU Paris Elite Institute of Technology, where you are about to embark on an exciting new journey of study and life. We hope this handbook will serve as a practical guide to help you navigate campus life, academic exploration, and daily living in China. Whether you are discovering the rich history and culture of SJTU or experiencing the rhythm of everyday life in China, you will gain new insights, friendships, and unforgettable experiences.

In the days ahead, challenges and difficulties may arise, but they will also bring opportunities for growth and joy. Remember, you are never alone: the school, professors, classmates, and student organizations will always be here as your strongest support.

We hope your time at SJTU will not only enrich your knowledge and skills but also broaden your horizons, deepen your cultural experiences, and allow you to write your own unique and wonderful chapter. May your journey here be both fulfilling and memorable!

—Paris Elite Institute of Technology, Shanghai Jiao Tong University



SPEAT

